



### **Intradermal Testing Protocol**

For confirmed cases of Atopic dermatitis, intradermal testing is available prior to formulating allergen specific immunotherapy and specific allergen avoidance measures where possible.

- Sedation will be required and therefore starvation, minimum twelve hours please
- Withdrawal not required:
  - Cytopoint®
- For five days prior, please avoid:
  - CyclosporinA (Atopica®, Cyclavance®, Sporimune® or Modulis®)
  - Essential fatty acid supplements (Viacutan Plus® etc)
  - Oclacitinib (Apoquel®)
  - Pentoxifylline (Trental®)
  - Palmitoylethanolamide (PEA-um, Redonyl Ultra®)
  - Non-steroidal anti-inflammatory drugs (Metacam®, Rimadyl®, Onsior® etc)
  - 'Weak' topical glucocorticoids
- For one week prior, please avoid:
  - Antihistamines [minimum 2 days]
  - Eggs
- For two weeks prior, please avoid:
  - Short-acting oral glucocorticoids (prednisolone, methyl-prednisolone) [Minimum 0 days]
  - 'Strong' topical, including aural, glucocorticoids
  - Tricyclic antidepressants (Amitriptyline, Clomicalm®)
  - $\beta$ -adrenergic agonists (Bricanyl® etc)
  - Bronchodilators (Corvental®, Vivitonin® etc)
- For a minimum of four weeks prior to depot aural polypharmacy (Osrurnia®, Claro®, Neptra®)
- For a minimum of eight weeks prior please avoid:
  - Injectable depot glucocorticoids (Depo-Medrone®) [Minimum 4 weeks]
  - Progestagens (Ovarid®)