**Intradermal testing protocol**

For confirmed cases of Atopic dermatitis, intradermal testing is available prior to formulating allergen specific immunotherapy and specific allergen avoidance measures where possible.

- Sedation will be required and therefore starvation, minimum twelve hours please
- Withdrawal not required:
  - Cytopoint®
- For 5 days prior please avoid:
  - CyclosporinA (Atopica®, Cyclavance®, Sporimune® or Modulis®)
  - Oclacitinib (Apoquel®)
  - Pentoxifylline (Trental®)
  - Palmitoyl ethanolamide (PEA-u, Redonyl Ultra®)
  - Non-steroidal anti-inflammatory drugs (Metacam®, Rimadyl® etc)
- For one week prior please avoid:
  - Antihistamines
  - Eggs
- For two weeks prior please avoid:
  - Short-acting oral glucocorticoids (prednisolone, methyl-prednisolone)
  - Essential fatty acid supplements (Viacutan Plus®, Omevio® etc)
  - Topical, including aural, glucocorticoids
  - Tricyclic antidepressants (Amitriptyline, Clomipramine®)
  - β-adrenergic agonists (Bricanyl® etc)
  - Bronchodilators (Corvental®, Viviton® etc)
- For a minimum of eight weeks prior please avoid:
  - Injectable depot glucocorticoids (Depo-Medrone®)
  - Progestagens (Ovarid®)