



Intradermal Testing Protocol

For confirmed cases of Atopic dermatitis, intradermal testing is available prior to formulating allergen specific immunotherapy and specific allergen avoidance measures where possible.

- Sedation will be required and therefore starvation, minimum twelve hours please
- Withdrawal not required:
 - Cytopoint®
- For five days prior, please avoid:
 - CyclosporinA (Atopica®, Cyclavance®, Sporimune® or Modulis®)
 - Essential fatty acid supplements (Viacutan Plus® etc)
 - Oclacitinib (Apoquel®)
 - Pentoxifylline (Trental®)
 - Palmitoylethanolamide (PEA-um, Redonyl Ultra®)
 - Non-steroidal anti-inflammatory drugs (Metacam®, Rimadyl®, Onsior® etc)
 - 'Weak' topical glucocorticoids
- For one week prior, please avoid:
 - Antihistamines [minimum 2 days]
 - Eggs
- For two weeks prior, please avoid:
 - Short-acting oral glucocorticoids (prednisolone, methyl-prednisolone) [Minimum 0 days]
 - 'Strong' topical, including aural, glucocorticoids
 - Tricyclic antidepressants (Amitriptyline, Clomicalm®)
 - β -adrenergic agonists (Bricanyl® etc)
 - Bronchodilators (Corvental®, Vivitonin® etc)
- For a minimum of eight weeks prior please avoid:
 - Injectable depot glucocorticoids (Depo-Medrone®) [Minimum 4 weeks]
 - Progestagens (Ovarid®)