

You have a follow up appointment with your veterinarian to review your pets response to a food elimination trial.

PET'S NAME

.....

NEXT APPOINTMENT

..... / /

NEXT APPOINTMENT TIME

.....

The food that has been recommended to you will approximately last for days.

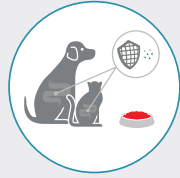
We recommend you to visit the clinic on / /

Tear off page

WHY A HYDROLYSED DIET



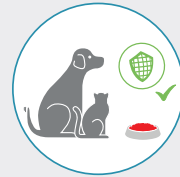
Royal Canin uses hydrolysed protein sources in their **ANALLERGENIC** and **HYPOALLERGENIC** diets to support the nutritional management of cats and dogs with food allergy or nutrient intolerance.



To hydrolyse a protein means cutting its molecular size **into smaller pieces**.



Thanks to their small molecular size, the immune system **does not recognise** these very small proteins as a threat and so no allergic reaction is triggered.



The use of hydrolysed proteins in ROYAL CANIN® **ANALLERGENIC** and **HYPOALLERGENIC** diets minimises the exposure of your pet to potentially allergenic proteins whilst meeting their nutritional requirements. ROYAL CANIN® **ANALLERGENIC** contains an extensively hydrolysed protein source, and as such is the recommendation for feeding during food elimination trials.



ROYAL CANIN® DIETS

ROYAL CANIN® **DERMATOLOGY** DIETS ARE FORMULATED TO SUPPORT YOUR PETS NUTRITIONAL NEEDS **EVERY STEP** OF THE WAY, FROM THE ELIMINATION TRIAL THROUGH TO LONG TERM MANAGEMENT



Find out more about our tailored nutritional solutions to support cats and dogs with skin concerns at royalcanin.com/uk

UNDERSTANDING THE FOOD ELIMINATION TRIAL

How you, your veterinarian and Royal Canin can work together to help your pet



YOUR CAT OR DOG HAS JUST BEEN DIAGNOSED WITH A SUSPECTED FOOD ALLERGY

The only reliable way to confirm this condition is to perform a **food elimination trial**. This leaflet can help you, your family and your cat or dog to carry out this trial.

WHAT IS FOOD ALLERGY?



The immune system protects your pet against external pathogens such as viruses and bacteria.



Most pet foods contain **intact proteins** such as those found in beef, fish and lamb. These proteins can vary in size from small to large.



In the case of a food allergy, the immune system reacts to the large protein molecules that healthy (non-allergic) pets are able to tolerate without any problem, mistaking them for something foreign and potentially harmful. The immune defence system then reacts, **by triggering an allergic reaction**.



Consequently, this reaction will cause discomfort to the pet such as **itching, redness of the skin and in some cases loose stools or vomiting**.



GET COMMITMENT

Agree commitment from the whole family to the full elimination trial.



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5 STEP-GUIDE TO AN ELIMINATION TRIAL



LONG TERM MANAGEMENT

Visit your veterinarian regularly in order to closely monitor your pet. Follow the diet advised by your veterinarian. Your veterinarian may recommend a partially hydrolysed protein based diet, such as **ROYAL CANIN® HYPOALLERGENIC** or selected protein based diet such as **ROYAL CANIN® SENSITIVITY CONTROL**.



FEED ANALLERGENIC FOR 6 TO 8 WEEKS

ROYAL CANIN® ANALLERGENIC is an extensively hydrolysed diet which needs to be fed exclusively, this means no treats, chews or leftovers. Allow a 5 to 7 day transition period from current diet to new diet. The transition will ensure optimal palatability and digestive tolerance. **Feed exclusively for 6 to 8 weeks.**



FOLLOW-UP WITH YOUR VETERINARIAN

Keep in touch with your veterinary team during the trial. Book appointments according to your veterinarian's recommendations (phone calls may also be appropriate).



DIETARY CHALLENGE

In this step, the previous diet (or suspected ingredient) has to be re-introduced. It is advised to do it slowly. For instance, start by feeding 10-20% of the previous diet and slowly increasing this every one to two days. This step is to see if/when original signs re-appear. Don't worry, this step is quite short. **It is absolutely key, as it will allow your veterinarian to make an accurate diagnosis.** Avoiding this step and performing only the elimination phase would mean that your veterinarian is unable to make an accurate diagnosis.

TIPS TO ENSURE THE BEST RESULTS



Check with your veterinarian before giving your pet any treats, flavoured medications, supplements or dental products.



Wash your pet's bowl and equipment with washing up liquid after every meal and rinse thoroughly.



Ideally, keep a separate bowl and equipment for each pet's food. If this is not practical, feed one pet before preparing any other pet's food and clean all equipment between each use.



Do not leave your pets' food down between meals to avoid snacking from each other's bowls.



Ensure that members of the family, including visitors and neighbours, understand the risk of feeding snacks to your pet.



If your pet loves snacks, keep a small amount of their daily portion of **ROYAL CANIN® ANALLERGENIC** food in a clean, sealed container to use as treats.



Keep the bag of **ROYAL CANIN® ANALLERGENIC** food sealed between meals and store it in a clean, dry place. For added protection, place the bag inside a sealed container, Keep the food in the original bag, do not empty into the container.



Wash your hands before handling your pet's food.